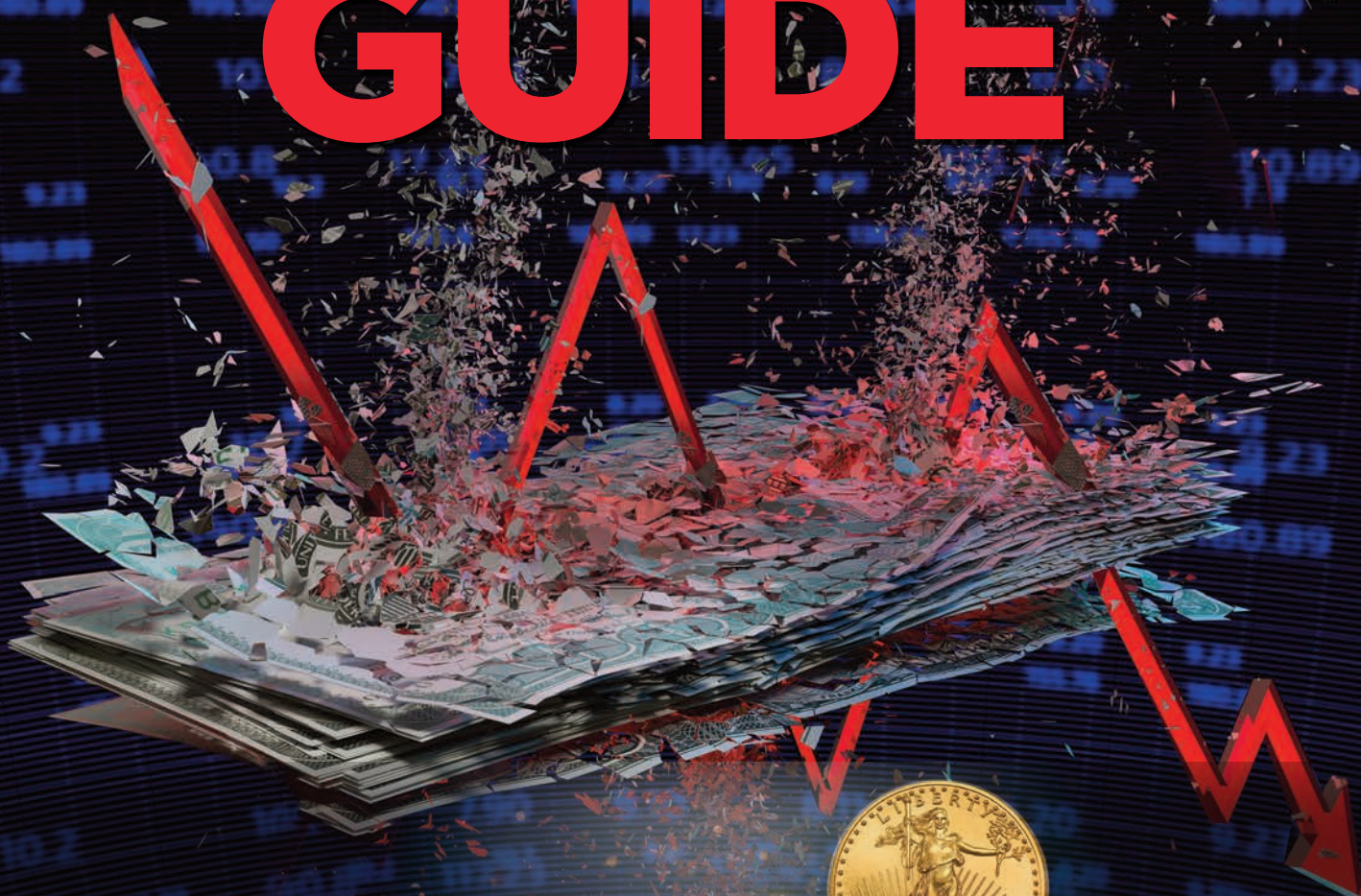




Colonial Metals Group

RECESSION SURVIVAL GUIDE



HOW TO PROTECT YOUR WEALTH
DURING HARD ECONOMIC TIMES



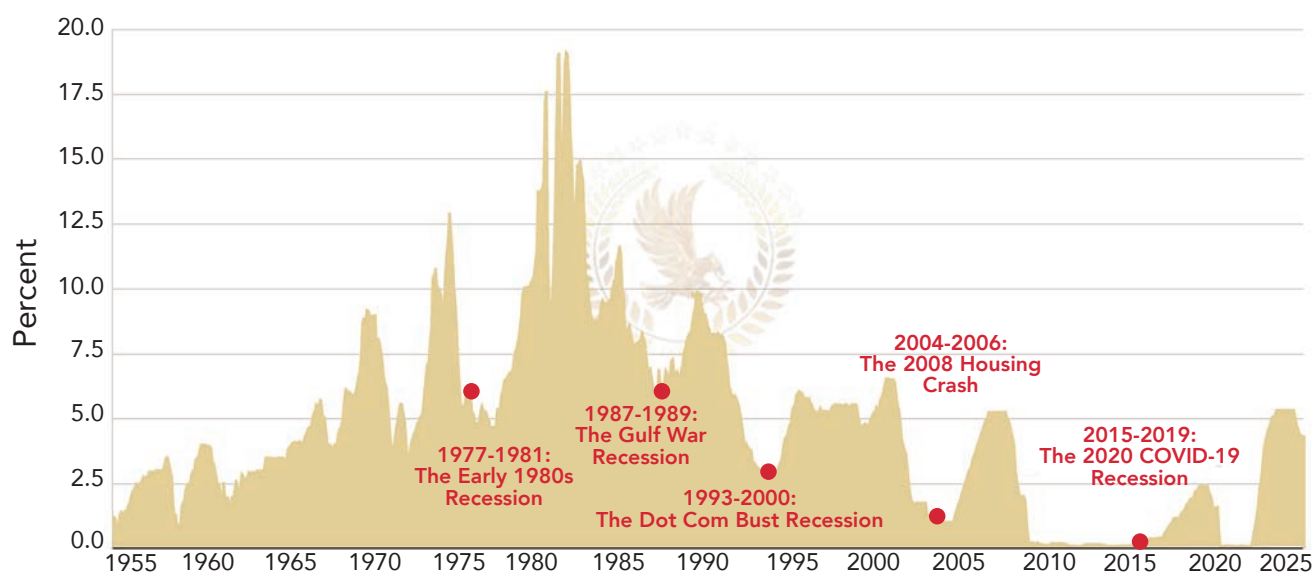


HISTORY MAY BE REPEATING ITSELF

(FOR THE 6TH TIME)

Perhaps one of the most compelling arguments for the case that America is nearing a recession is historical patterns.

In the last 50 years, a significant interest rate hiking cycle by the Fed was always followed by a recession, as shown in the chart below.



Source: Board of Governors of the Federal Reserve System (US) via FRED®

Shaded areas indicate U.S. recessions.

The Federal Reserve has conducted 5 significant rate hiking cycles since 1975, which were followed by recessions.

- **The 1980s Recession** - Rates increased from 4.6% in 1977 to 19% by 1981.
- **The 1990 Gulf War Recession** - Rates rose from 6.5% in 1987 to 9.85% by mid-1989.
- **The 2000 Dot Com Bust Recession** - Rates rose from 3% in 1993 to 5.85% in early 2000.
- **The 2008 Housing Crash** - Rates increased from 1% in early 2004 to 5.3% in 2006.
- **The 2020 COVID Recession** - A longer rate-hiking cycle from nearly 0% in 2015 to 2.14% in early 2019.



THE “RECESSIONARY” FEEDBACK LOOP IS ALREADY IN MOTION

Recessions don’t always begin with a market crash or a single catastrophic event.

In fact, they often unfold more quietly as if they were small cracks feeding into one another.

One problem triggers the next, and before most people realize what’s happening, the entire system is caught in a downward spiral.

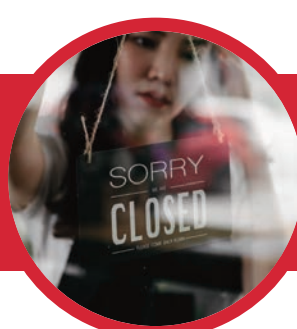
Economists call this an adverse feedback loop, and once it begins, it’s incredibly hard to stop. In many cases, the adverse feedback loop progresses as follows:



#1 Initial Trigger
usually a severe market
correction



**#2 Consumers
Pull Back Their
Spending**



**#3 Businesses
Begin to Fail**
triggering layoffs and
bankruptcies



**#4 The System
Breaks Down**

Now here’s the concerning part: currently, each of these stages is already playing out.

Here’s why we may already be past the point of no return:



#1 INITIAL TRIGGER: A MARKET CORRECTION

It usually begins with a sharp correction in the markets.

Stocks tumble. Investors panic. And underneath the surface, it's often the result of runaway inflation that's been building for months.

Here's a headline from mid-March 2025:

US Stock Market Falls Into
Correction Territory

MORNINGSTAR

Now, here's what most people don't realize: **nearly half of all market corrections have led to a recession within a year.**

This is how the loop begins. And once it starts, the damage spreads to the second stage.



#2 CONSUMERS BEGIN PULLING BACK

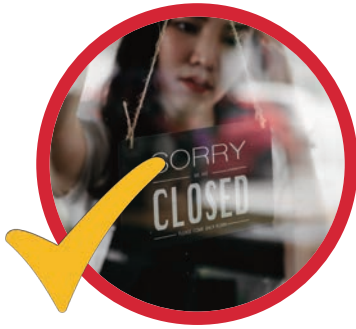
When the market corrects, it also delivers a massive blow to savings and retirement accounts that took years to build for everyday Americans.

And as the fear sets in, families begin to slam the brakes on spending.

According to US News, the Consumer Expectations Index has recently dropped to a level that **"usually signals a recession ahead."**

Now we're already seeing this turn into a consumer pullback, as consumer spending during Q1 2025 shrank for the first time since the pandemic.

And the consumer pullback is affecting businesses.



#3 BUSINESSES TAKE THE HIT

As consumer spending dries up, businesses feel the pressure.

For companies already operating on thin margins, the next step is predictable: layoffs, hiring freezes, and bankruptcies.

Here's one early 2025 headline:

US Corporate Bankruptcies
Just Soared To 14-Year Highs **S&P Global**

The number of bankruptcy filings surged to a total of 694 companies by the end of 2024.

This surpasses the 638 filings during the 2020 COVID pandemic, which was the largest single-year tally since the Great Recession in 2010.

As if that wasn't bad news enough...

In March 2025, US-based employers announced **275,240 job cuts.**

That's the largest monthly layoff figure since the 2008 financial crisis—and it's the third-highest monthly total ever recorded.

And according to SupplyChainDive, **nearly half (45%) of US companies expect even more layoffs in 2025 and all this is leading to the last step.**

#4 THE SYSTEM BREAKS DOWN



America's competitor nations are not just waiting. They can add gas to our forest fire.

WHAT OUR ADVERSARIES CAN DO TO MAKE THINGS WORSE



The US economy today is stretched thin and more fragile than it's been in decades.

And we may just be one "Black Swan" event away from a collapse.

Now BCA Research has laid out not one, not two...

But FIVE catastrophic Black Swan events that could plunge the US into a full-scale recession in 2025.

And one of them stands out above the rest:

“A Coordinated Global Attack On The US Dollar.”

It's no secret that a rapidly growing bloc of nations is actively working to sideline the dollar in trade:

CHINA – the world's second-largest economy.

EUROPE – with a GDP larger than the US and growing political will to move toward the euro and digital alternatives, combined with deep disagreements with President Trump.

CANADA – a G7 ally with its own disagreements with the US administration is now rumored to be engaging in talks with BRICS on currency diversification.

THE BRICS BLOC – representing over **40% of the global population** and nearly half the world's oil reserves, with plans to expand further.



Together, these nations could easily organize a systemic retreat from the US-led global financial system. In the middle of an already spiraling feedback loop, that loss of global confidence could be the last straw.

Most people reading about a pending recession will believe that they have time, and that they can always adjust their savings and financial situation quickly depending on the circumstances. But a recession moves like a tsunami, leaving those who didn't prepare way in advance to suffer its consequences. Here's how a recession moves from a timeline perspective.

By The Time They Call It A Recession... The Damage Is Already Done

During the 2008 housing crisis, an entire year passed between the actual start of the recession and its official confirmation by the National Bureau of Economic Research.

That delay in calling a recession left millions of Americans caught off guard, unprepared, and unable to move their money before the damage was done.

That's why the London Bullion Market Association (LBMA)—one of the world's most respected authorities on gold—conducted a comprehensive analysis of how recessions unfold in real time.

Their framework breaks each recession since 1970 into four distinct phases, based on how markets behave before, during, and after the crash.

PHASE 1 – THE RUN-UP

This is the stage right before the fall.

Growth is still positive, but it's slowing rapidly. Inflation remains high, and consumer prices continue rising. The economy feels stretched as businesses begin facing rising costs and delayed returns on overextended investments.

This is where cracks form. And yet, most people still believe the worst can be avoided.

PHASE 2 – THE UNOFFICIAL RECESSION

This is where the recession actually begins, but no one has officially called it yet.

The markets start reacting. Leading indicators turn negative. Surveys, outlooks, and investor sentiment begin to decline. But since there's no official announcement, many dismiss it as a temporary dip.

This is the phase where most people stay frozen like deer in the headlights.

This is where early movers, more pessimistic in nature, can protect themselves while others, more optimistic in nature, wait for confirmation that won't come until it's too late.

PHASE 3 – THE OFFICIAL RECESSION

By now, the data has caught up. Growth is expected to slow, and some analysts even expect the GDP to contract. Jobs are being cut. The headlines confirm what many already feared.

During this phase, the Federal Reserve typically begins aggressive rate cuts and liquidity measures in an attempt to stabilize the economy.

→ **According to the LBMA's historical data, gold has gained an average of 20.2% during this phase, while the S&P 500 struggled.**



PHASE 4 – THE FINAL QUARTER OF THE RECESSION

This is where hope starts to return, at least on the surface.

Stimulus efforts begin to take effect. Interest rates are low. Stocks may start to rebound as investors bet on recovery.



But the structural damage to the economy often remains.

Even in this stage, gold has continued to hold its value while stocks only tend to recover in this narrow window. And for many who waited, the opportunity to shield themselves from earlier losses has already passed.

WHAT THE DATA REVEALS

Across every phase of the recession cycle, gold has consistently outperformed stocks. While the S&P 500 posted gains only in the final phase, gold delivered average gains in all four stages. The deeper the stock market losses, the better gold tended to perform.

Which is why, for anyone who understands the nature of delayed indicators and market lag, gold remains one of the most reliable hedges in a downturn.



CAN THE FEDERAL RESERVE HELP US IN THIS UPCOMING RECESSION?

In times like this, Americans should be looking to the Federal Reserve to step in to calm markets and steer the economy away from the cliff.

But this time, even the Fed seems to be fumbling in the dark.

In a shocking Bloomberg piece, former New York Fed President Bill Dudley admitted that the Federal Reserve is grossly unequipped to handle the coming volatility...

Even Fed Chair Jerome Powell has acknowledged that recession risks have "moved up."



“It may already be too late for the Fed to stop a recession...”

- EX-NY FED PRESIDENT BILL C. DUDLEY

WITH THE US MOVING THROUGH THE STAGES TOWARDS RECESSION, WHAT IS WALL STREET DOING?

The 2025 Great Stock Market Cash-Out

→ When the Dot Com bubble peaked on March 10, 2000, insiders at dot-com companies cashed out to the tune of \$43 billion, twice the rate they'd sold at during 1997 and 1998.

→ **During the years leading up to the 2008 crash**, top US bank executives sold their own shares in their companies.



Charles Schwab alone, founder of the Charles Schwab Corporation, **earned more than \$816 million** almost entirely from selling company stock.

→ Before the markets hit fresh lows on March 20 during the 2020 pandemic, top executives like Jeff Bezos and Larry Fink sold billions of dollars' worth in their firms' stock between February 1 and March 19, 2020.

Now, a similar pattern is emerging.

**“CEOs at 197 Companies
Made Big Stock Sales Lately.”** **Forbes**

If CEOs of large corporations are exiting their companies' stocks, where should you be?

HOW TO PROTECT YOURSELF FROM A RECESSION

If you're still in “wait and see” mode, now's the time to take action.

Because here's what every working American should consider before the next shock hits.

The first move is to secure your short-term stability.

SHORT-TERM DEFENSIVE STRATEGIES

Eliminate high-interest debt if you still have cash flow to do so. Credit cards with rates above 20% can turn manageable balances into long-term traps. If your job is affected or your hours are cut, that debt becomes impossible to sustain.

Next, build an emergency fund that covers at least six months of essential expenses. If you cannot save fast enough, reduce your monthly obligations.

Cancel services you do not need. Renegotiate bills. Reallocate cash. Financial flexibility is not about comfort—it's about survival.

This kind of preparation is essential, but it only buys time. It doesn't protect wealth. For that, you need a proven asset during recessionary times.

WHY GOLD IS CONSIDERED A “SAFE HAVEN”

Gold has protected wealth for over 5,000 years. Specifically for our nation, gold has protected American wealth through the Great Depression, the 2008 Crisis, and two World Wars.

In every one of these periods, gold preserved purchasing power.

No paper or digital currency can come close to the track record of physical gold. In fact, if your great, great ancestors bought gold hundreds of years ago and you inherited it, the purchasing power of that gold not only sustained, but it also grew. This makes gold the legacy asset.

WHAT'S GOLD'S TRACK RECORD DURING A RECESSION?

While all recessions include a significant correction in stock market prices, gold has outperformed the S&P 500 by an average of 37%. This makes gold a great hedge for volatile, uncertain times and times of economic decline.

But what do the most sophisticated investors think about gold?





“THE SMARTEST MONEY” BUYS GOLD

Why Central Banks, Billionaires, and Thousands of Americans Are Buying Up the World’s Gold

When a crisis approaches, savvy investors often “follow the Smart Money” or the wealthy, sophisticated investors.

But who does the Smart Money follow? The *Smartest* Money – global central banks.

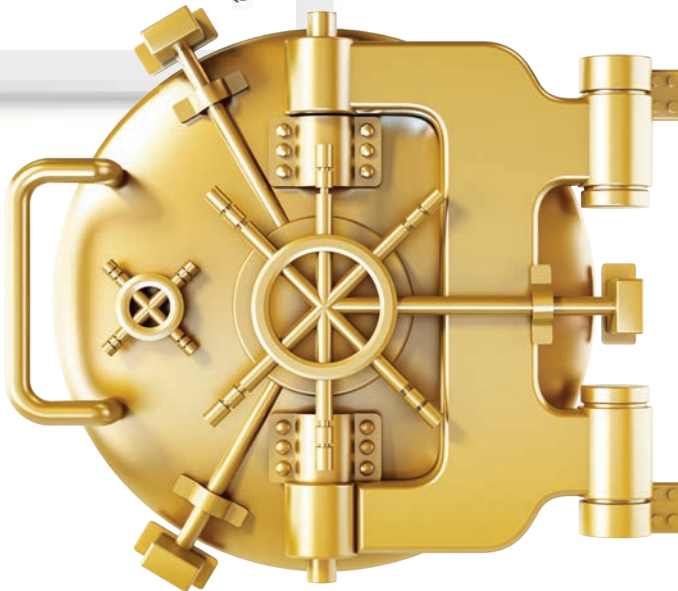
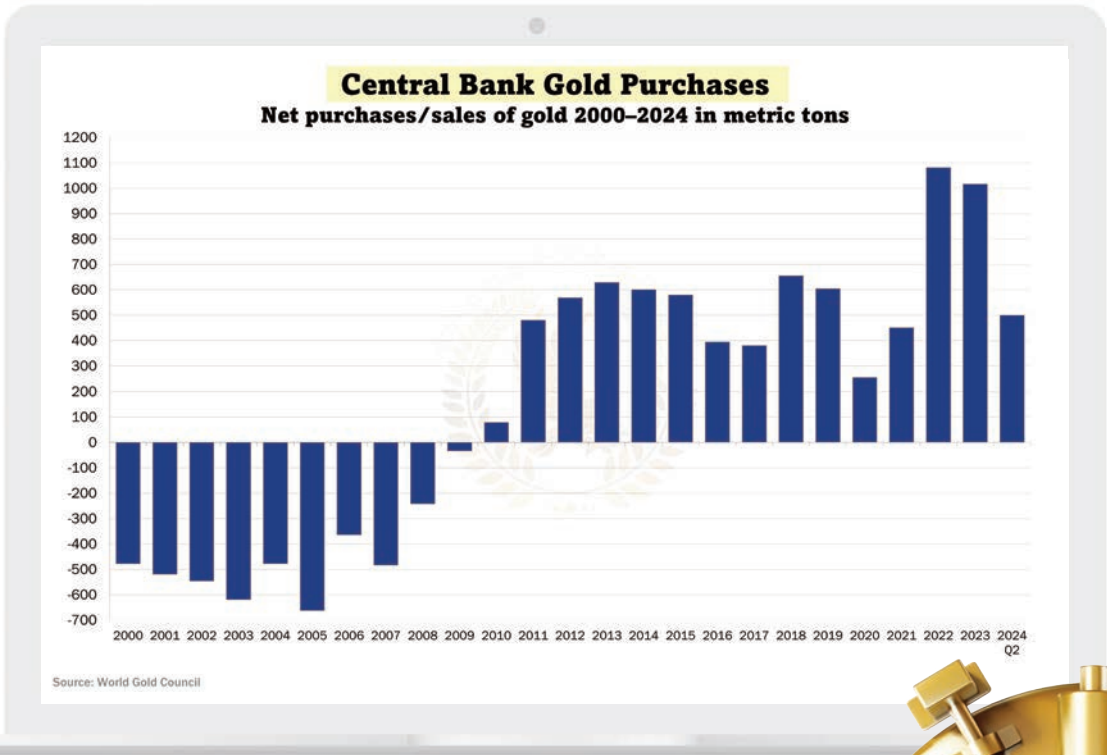
Gold Hits New High as Central
Banks Ramp Up Purchases

THE WALL STREET JOURNAL
WSJ

Central bankers – with teams of PhD economists, rooms of supercomputers, the most accurate data on the planet and the ability to buy as much of any asset as they want – are hoovering up gold at a rate never seen in 50 years.



Central banks have been buying and hoarding gold for years to defend their nation’s wealth and prepare for the next financial crisis.





Billionaires and hedge fund owners – “the Smart Money” – are pouring billions of dollars into gold.

Ray Dalio, founder of the world’s biggest hedge fund, owns gold and says, “If you don’t own gold, you know neither history nor economics.”

Greenlight Capital founder **David Einhorn** bought gold to hedge against inflation.

“Bond King” **Jeffrey Gundlach** buys gold to hedge against the diminishing dollar and says, “I am certainly long on gold.”

In 2018, Egyptian billionaire **Naguib Sawiris** poured 50% of his wealth into gold to defend against a potential stock market crash. The crash happened in 2020, and Sawiris grew substantially richer.

Real estate billionaire **Sam Zell** bought gold for the first time in 2019 as a “good hedge.”

British banker **Lord Jacob Rothschild** and the Rothschild family have owned vast amounts of gold for decades.

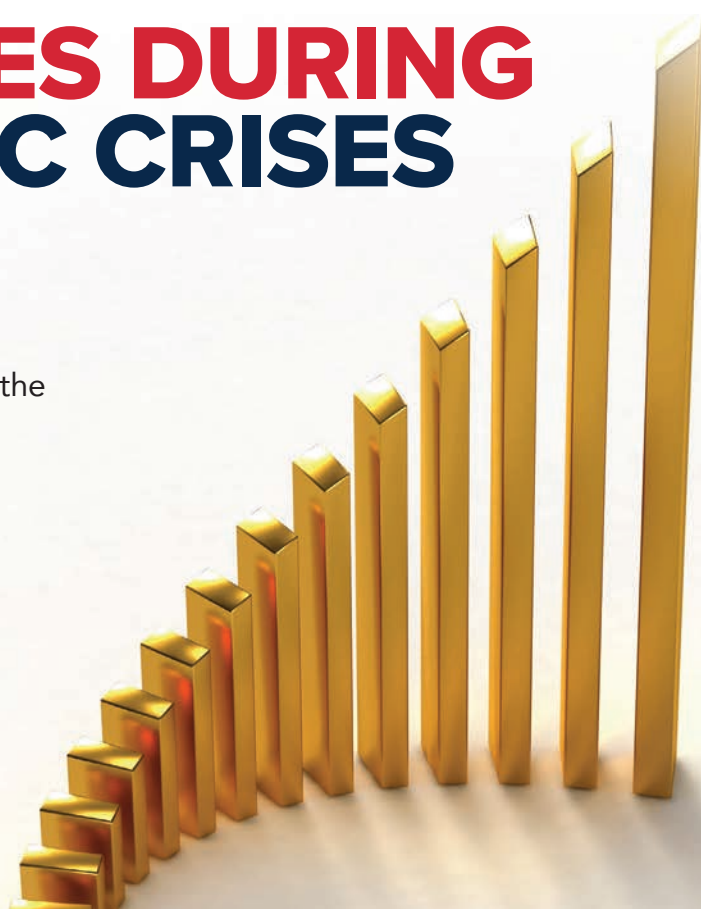
Famous hedge fund mogul **Paul Singer** owns gold.

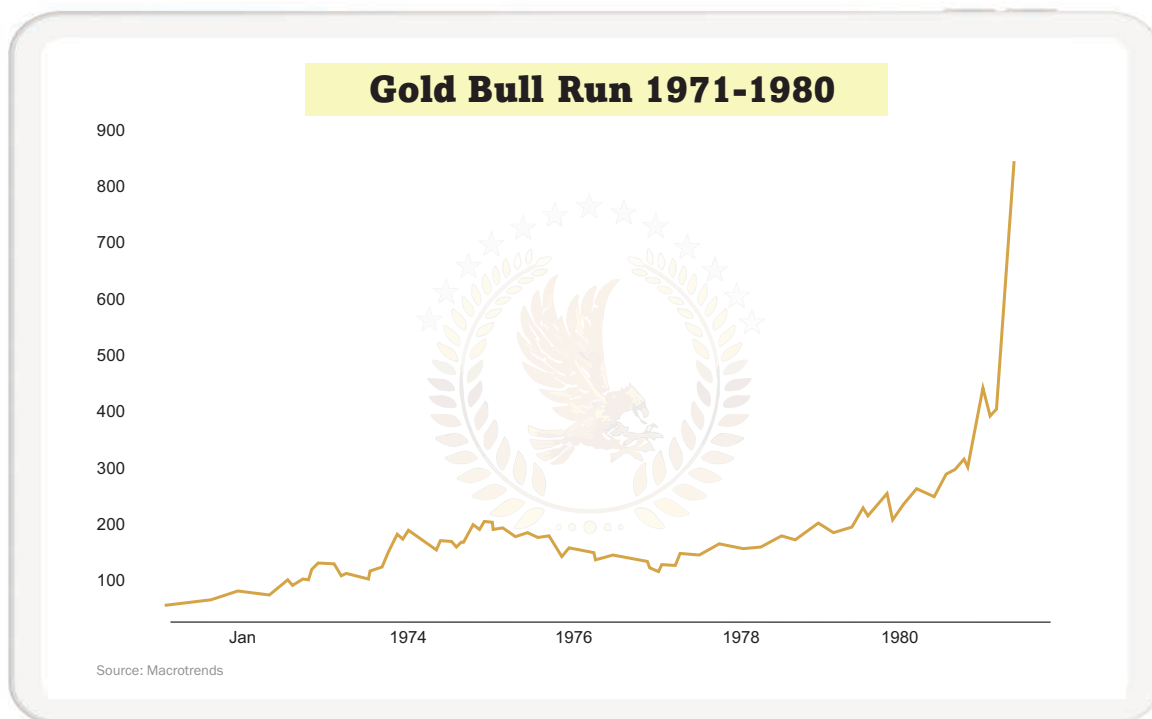
Legendary investor **Paul Tudor Jones** buys gold to shield his wealth from economic downturns. In 2019, Jones said gold “has everything going for it.”

GOLD RISES DURING ECONOMIC CRISES

The 1970s

When inflation swept the nation in the 1970s, **gold climbed 2,300%.**





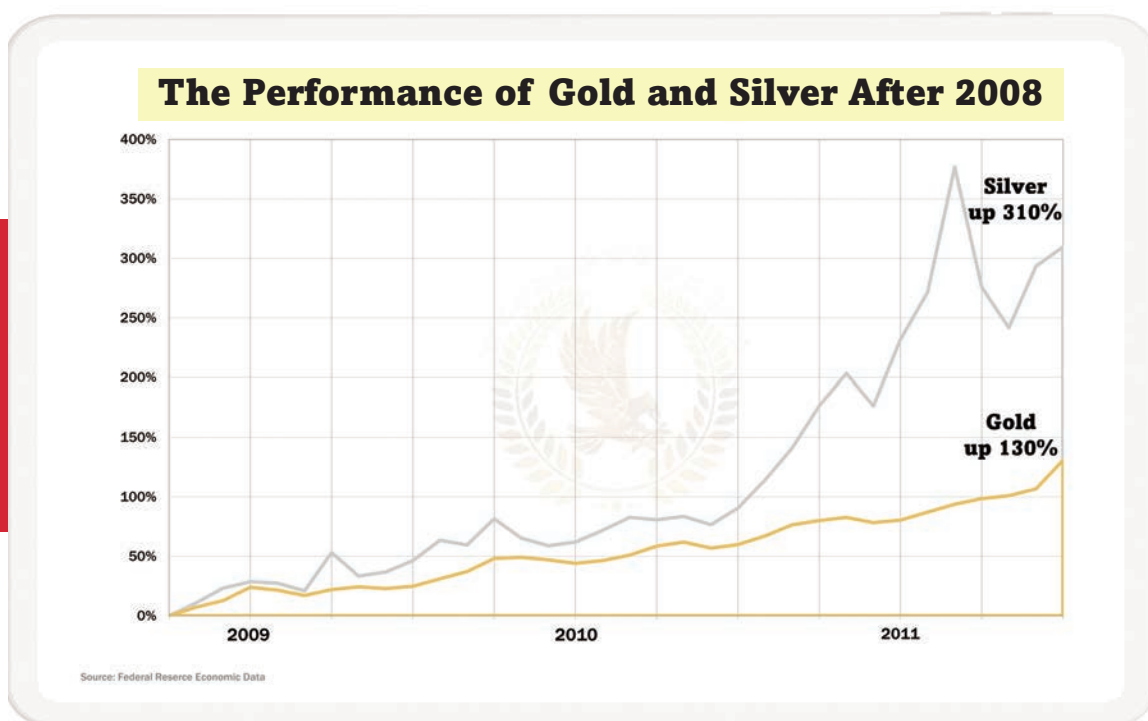
The 2008 financial crisis

Before the 2008 financial crisis, gold averaged around \$800 per ounce.

After the crash, America slipped into the most intense economic downturn since the Great Depression.

During that time, gold **gained more than 130% in under four years.**

And folks who owned \$20,000 in gold during that time would have seen it turn into about \$46,000 in gold.





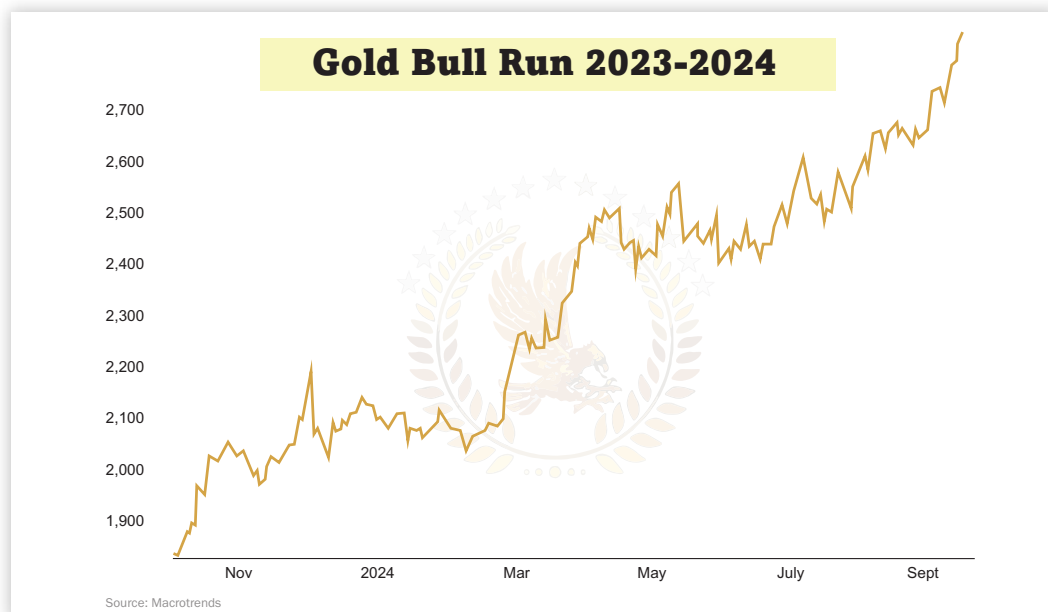
The turbulent 2000s

Since 2000, gold has risen over 840%.



Folks who acquired \$20,000 in gold then have seen it turn into about \$188,000 in gold today.

And over the last 12 months, gold has gained 30%... and folks who owned \$20,000 have watched it turn into \$26,000 in gold today.



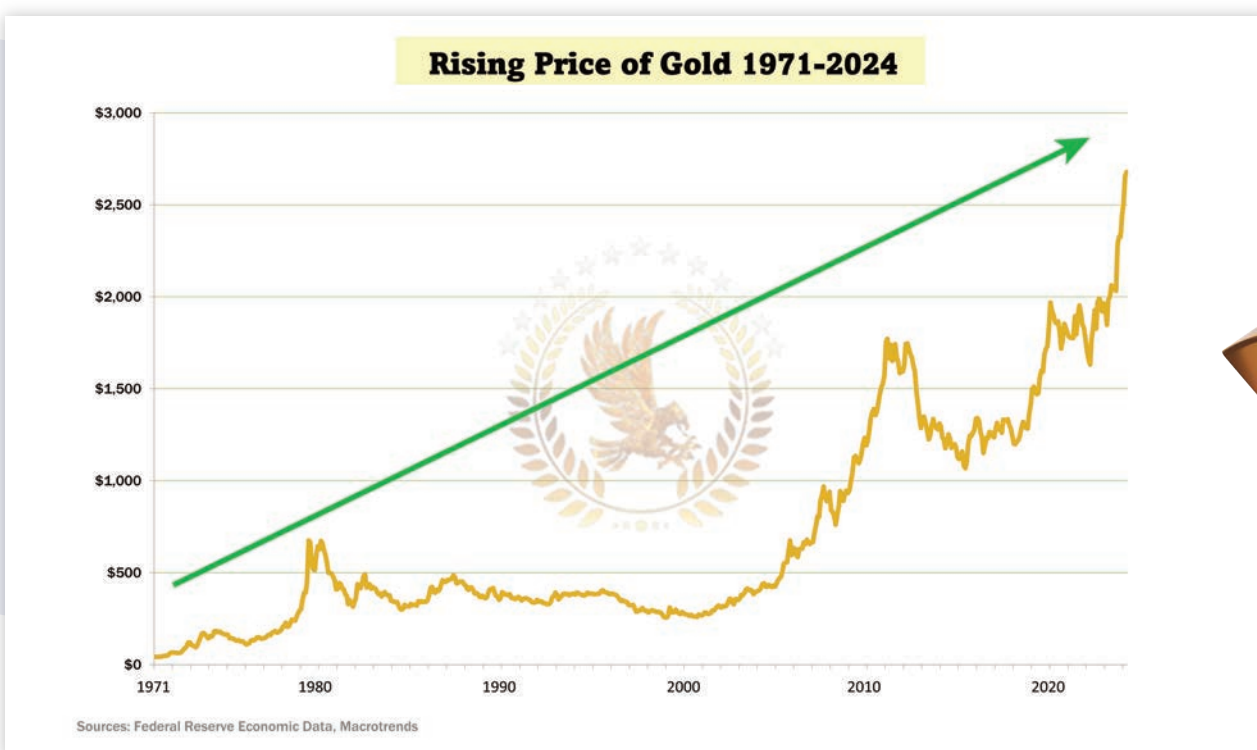
Gold's Big Picture

Through all America's bouts of sky-high inflation, punishing recessions, devastating market crashes, exhilarating stock market bull runs, pandemics, money printing, deficit spending and more...

And despite normal, temporary corrections in gold's price, like in any asset...

Since 1971 when we were removed from using gold as money via the Gold Standard, gold's price has only moved in one overarching direction:

UP OVER 7,000%



Have You Missed the Boat for Gold?

Not at all.

Gold's price has been hitting new highs during times of economic uncertainty for well over 100 years.

And with so many catalysts for a gold bull run sweeping the globe today, the price of gold has everything on its side to keep rising over the long term as it historically always has.



THE DEMAND FOR GOLD IS EXPLODING

The price of gold hit 39 new all-time highs in 2024.

So far in 2025, gold has set several new records, rising 25%, and a global shortage is forming.

So, with this kind of white-hot momentum already in place, there's no telling how fast we'll hit new record highs.

- Goldman Sachs and Deutsche Bank both predict gold to climb to \$3,700.
- Gold Bull Jeffrey Gundlach predicts gold will reach \$4,000.
- And Agnico Eagle Chairman Sean Boyd says "\$5,000 won't surprise us."

Is Gold Running Out?

Huge deposits were once commonplace. But over the last 20 years, mining companies have been struggling to find large, high-quality ore deposits.

JP Morgan is delivering \$4 billion worth of gold bullion to its biggest clients—the second-largest such delivery since 1994.

And its mega rivals Deutsche Bank, Morgan Stanley, and Goldman Sachs have just airlifted a staggering \$82 billion worth of gold bars into New York.

The Smart Money is clearly preparing for a continued rally. In fact, Wall Street and central banks are now purchasing so much gold that we're experiencing a supply crunch not seen in many years

Even the Financial Times is warning:

"An \$82 billion surge in gold shipments to the US has led to a shortage... People can't get their hands on gold because so much has been shipped."

According to US Geological Survey, production is dropping for the world's biggest producers in China, Russia, Australia, Peru, and the United States.

And global demand for gold is growing fast while the supply is shrinking fast.

This means you don't want to wait to buy gold; you want to buy gold and wait.

GOLD AND SILVER HAVE ZERO COUNTERPARTY RISK

When you buy physical gold, you own a tangible asset you can hold in your hand. It's 100% yours, and no third party can claim partial ownership. Your gold's performance doesn't rely on a board of directors, no CEO can embezzle it, it can never fall to zero... and if you ever want to sell it, you can easily convert it to cash.

TWO WAYS TO PURCHASE METALS

OPTION 1 GOLD IRA PURCHASE

Open your IRA account

Transfer funds and select your metals

We ship your metals to a safe depository account under your name and control

OPTION 2 DIRECT PURCHASE

Order your metals and send payment

We ship your metals directly to you or a depository of your choice





WHY YOU NEED A GOLD IRA

If all your savings are held in US dollars, in a traditional 401k, IRA, TSP or other savings vehicle, you could face severe losses if the dollar or market collapses and a crisis sweeps the nation.

That's why thousands of Americans are shifting a portion of their savings into gold for safekeeping.

And getting set up with a Colonial Metals Group Gold IRA is simple, fast and easy.

Step 1: Establish your account

Our team of experts will show you how a Precious Metals IRA functions and help you with your paperwork.

Step 2: Transfer funds

After your Gold IRA account is established, you'll move funds into your self-directed IRA's custodian account.

This can include transferring money from traditional IRAs, 401(k)s, 401(a)s, 403(b)s, 457s, Pension plans, Thrift Savings Plans, and annuities.

Your new Gold IRA account will be in your name and managed by your custodian for you, and only you have control over it – Colonial Metals Group never takes possession of your funds or metals.

Keep in mind that diversifying your retirement portfolio with gold and silver doesn't mean moving all your wealth – just a portion of it of your choice.

Step 3: Purchase your IRA-approved metals

Finally, after your account has been funded, you'll select the IRA-approved precious metals you wish to hold in your new Gold IRA. (See partial catalog below.)

Your dedicated Colonial Metals Group representative will guide you through the options available to diversify your retirement portfolio with gold and silver. Platinum and palladium products are available too.



After the process is complete, we'll be there If you need help with making additional contributions, handling storage paperwork, updating beneficiary information or even selling your metals.

And although the law doesn't permit any gold company to guarantee they'll buy back client gold, to date we have always done so.

WE'RE DEFENDING THE AMERICAN DREAM ONE PATRIOT AT A TIME

Our Mission is simple: In an era of expanding government control and economic uncertainty, we're helping good American people take back control over their finances, protect their life's work from government overreach, and feel more secure about their financial future.





That's why every Colonial Metals Group client receives:

- ✓ Uncompromising experience, integrity, honesty and clarity with every communication.
- ✓ A comprehensive suite of the highest-quality precious metals, including bullion, premium bars and coins and Gold IRA–approved products.
- ✓ Concierge-level assistance featuring dedicated Account Executives, 24/7 online account access through your Gold IRA custodian, and, regular market updates.
- ✓ Continued portfolio support, assistance with paperwork and up-to-date help with Required Minimum Distributions (RMDs).

Colonial Metals Group offers decades of collective experience to help you diversify properly every step of the way with the highest standard of service in the precious metals industry.

Endorsed by Many:



GREG KELLY

"Let Colonial Metals Group show you how to move your wealth into the world's ultimate hard currency."



ROGER STONE

"This is the ultimate safe-haven decision."



LARRY KUDLOW

"I trust Colonial Metals Group and highly recommend them for all your precious metal needs."

COLONIAL METALS GROUP CLIENTS IN THEIR OWN WORDS



“Very responsive”

Everyone at Colonial Metals Group is very responsive whenever I call or email them.



“A trusted source for my precious metals needs”

Paul at Colonial Metals helped me navigate the process of setting up my gold IRA. He worked carefully and methodically to understand my goals and objectives and choose the best assets for diversification. I was very impressed with his knowledge and professionalism. He walked me through the process step by step and made sure that we timed the market perfectly to get the best price. The entire staff attended to my needs with urgency and followed up promptly with every question. I look forward to working with them in the future as a trusted source for my metals portfolio.



“Incredibly kind people”

Saw their CEO on a news platform. Called into his company and spoke with some incredibly kind smart understanding people. Now I feel I am preserving what I worked so hard for. Period very grateful to be ahead of the curve on the next economic downfall. Thank you colonial metals. I sleep much better.



“This is the company for me”

While I’ve been searching for the right company for my retirement funding i came across Colonial Metals Group. After a few calls I was certain that this is the company for me. They are reliable, insightful and professional. Big thanks to their team for making this process as easy as possible



“A no-pressure approach”

Really informative staff, responsive, I was really pleased with the process and outcome. But what really pleased me was the no pressure approach.



“Seamless process”

Loved the team at colonial metals group. Knowledgeable professionals in the business that made this whole process seamless. Alan did a great job helping me figure how things work as well as patient.



“Couldn’t have asked for better customer service”

Couldn’t have asked for better customer service. You can tell the staff cares. They made the process rather simple which I appreciate. Thank You!



“Friendly and straightforward”

Customer to associate interaction was friendly and straightforward. Really pleased how things worked out and would definitely do business in the foreseeable future.



“Made it seamless and simple”

I was looking to keep my money in an IRA, but out of the stock market. I was nervous making this shift. I worked with John Carnes who made it seamless and simple. Thank you!



FAQ

How will I acquire precious metals for my Gold IRA?

Acquiring precious metals for your self-directed Gold IRA is simple and straightforward.

First, you'll complete a 10-minute account application, then we'll help you transfer funds from an existing retirement account to purchase your metals. And finally, we'll help you select the best mix for your goals.

Will opening my Precious Metals IRA involve a pile of complex paperwork?

Not at all. We'll keep paperwork to a minimum. On the initial application, we'll simply need your basic info and a list of your beneficiaries, if any.

We'll send your paperwork with a prepaid FedEx return envelope. And your Gold IRA Specialist will make everything simple, fast and hassle-free.

Will I own the gold in my Gold IRA?

Yes. We believe in securing your life's work, exercising your monetary freedom, and protecting your financial future with tangible assets you can hold in your hand.

And when you open a Gold IRA with Colonial Metals Group, you will own real, physical gold and silver in your name, stored in a state-of-the-art, IRS-approved, fully insured, private depository outside of the US banking system.

Where will I store my Gold IRA metals?

Gold IRA precious metals must be stored in one of the nation's IRS-approved facilities.

To make certain your metals are secure, we recommend the IRS-approved, fully insured Delaware Depository in Wilmington, DE, which safely handles billions of dollars in monthly transactions. Your dedicated Colonial Metals Group representative will review secure storage options with you.

Can I roll funds from my 401(k) and IRA into a Precious Metals IRA?

Yes, you can move funds from most qualified retirement plans, including:

- Traditional, Roth, SEP & SIMPLE IRAs
- 401(k), 403(b) & 457(b) plans
- Pensions & Thrift Savings Plans

If you're unsure which of your accounts are eligible, or if you'd like more details about Gold IRA rollovers, call us at 800-465-6009.

When should I sell my precious metals?

Precious metals work best as a long-term store of value. Therefore, we generally recommend holding your gold and silver for at least 3–5 years before selling.

Your Colonial Metals Group expert can discuss timelines that align with your retirement goals.



FAQ

How will I shift funds from my current retirement account into a Precious Metals IRA?

The process is simple and hassle-free. You have two tax-free transfer options:

1. Direct trustee-to-trustee transfer: Funds move straight from your current plan to your new IRA.
2. 60-day rollover: Your current provider sends you a check, which you forward to your new IRA within 60 days.

Your Colonial Metals Group representative will handle the details for you, fill in your paperwork for your approval, help facilitate your funds transfer, follow up with custodians, and help you select your best mix of metals. We're with you every step of the way.

Will I have to pay taxes or penalties on the money I transfer from my IRA or 401(k) into a Precious Metals IRA?

No. When you follow the right process, you pay no taxes or penalties on your transfer.

How much time will my Precious Metals IRA setup require?

Usually, we can have your new Precious Metals IRA ready within a single business day. And fund transfers generally take an average of 5 business days.

What does it cost to open and maintain a Gold IRA?

Our Precious Metals IRAs have straightforward, transparent fees that are often lower than conventional retirement accounts.

For example, an account with Equity Trust costs \$225/year for commingled storage or \$275/year for segregated storage.

The flat annual fee covers secure storage, insurance, quarterly statements, and 24/7 online account access. The benefit of a flat fee is that it is not tied to the size of your account. So, when your Gold IRA account value grows, your maintenance fees remain the same (unlike a traditional IRA or 401(k)-type account).

How will I monitor changes in my portfolio?

You'll have 24/7 online account access to view your holdings and their daily spot value.

If you prefer a paper report, your custodian can send a quarterly summary by mail for an additional fee.

How can I take a distribution or process my annual Required Minimum Distribution?

Taking a distribution is simple and usually takes one business day. Just let us know. We'll prepare your paperwork and arrange secure delivery of your metals from the depository to your home. Or, if you prefer, we can liquidate your holdings for you and deliver a check for the amount.

Can I add precious metals to my current IRA?

To secure your life's work with gold and silver, you'll need a self-directed Precious Metals IRA. We specialize in setting these up properly and can help you establish yours quickly and easily.

How can I be certain my precious metals are pure?

We only source certified metals from globally trusted government mints like the US Mint and Royal Canadian Mint. Your coins undergo a second authentication audit at the depository to meet strict insurance standards. And you can view and visit your metals anytime. We proudly stand behind every coin we offer so you can invest with confidence.

Which precious metals are right for me?

The best mix of gold and silver for your new Gold IRA depends on your unique financial goals and timeline. Our experts can assess your situation and help you select the perfect coins or bars for your needs.

For a free, no-pressure consultation call 800-465-6009.

What if I want to sell my gold?

While no precious metals dealer can legally guarantee buybacks, we've never refused a client's request.

Have additional questions?

We're happy to help. Just call 800-465-6009 or send an email to info@colonialmetalsgroup.com. One of our friendly Precious Metals Specialists will be happy to answer any questions you may have.

Colonial Metals Group is grateful to support the following:





POPULAR IRA-ELIGIBLE COINS

Browse our curated collection of the finest IRA-eligible gold and silver coins and bars available anywhere from the US Mint and other national mints.

Minimum Fineness Requirements

- IRA-eligible gold coins and bars must be at least 99.5% pure.
- IRA-eligible silver coins and bars must be at least 99.9% pure.
- Gold American Eagle proof and bullion coins are an exception and are IRA-eligible with their purity of 91.67%.



The iconic **American Eagle coin** series is considered one of the most beautiful coins ever made by the US Mint. The obverse of the 2024 gold eagle features Lady Liberty with her torch of freedom in one hand and a full olive branch in the other, and the reverse portrays a majestic eagle. The 2024 silver eagle shows Lady Liberty enveloped in folds of the flag, with her right hand extended and her left holding branches of laurel and oak. and an eagle approaching a landing.





Low-Mintage Coins

America the Beautiful 5 oz

The stunning America the Beautiful Silver Bullion Coin™ program is one of the most sought-after bullion products ever released by the US Mint. The series honors the beauty of America's National Parks, and each coin commemorates a park or site, one from each state, each territory, and the federal district. The obverse of each coin features a portrait of George Washington.

St. Helena Victory Seal

The beautiful gold and silver Victory Seal coins portray a crowned Queen Victoria on horseback holding a scepter in a victorious pose. The obverse bears the effigy of His Majesty King Charles III.



St. Helena Sovereign

The gold and silver St. Helena Sovereigns feature a shield with heraldic elements of England, Scotland, and Ireland. The spade-shaped shield sits on a bed of Tutor roses, surrounded by the inscription DIRIGE DEUS GRESSUS MEOS – MAY GOD DIRECT MY STEPS.





Gold and Silver Proof Coins

Unlike regular coins, which are struck only once, proof coins are struck twice. The result is a shinier, more defined coin with sharper rims and a smoother “field” (the blank area of the coin). Proof coins come in their original case with documentation from the US Mint.



Gold and Silver Bars

10 oz gold bar



1 oz gold bar



1 oz silver bar



1 kilo silver bar



A background image of a middle-aged man with grey hair and a beard, wearing a dark suit and white shirt, smiling and holding a smartphone. The image is semi-transparent, allowing the text to be overlaid.

CONTACT US **WE'RE HERE** **TO HELP**

Have questions? Ready to get started now?

**We're here to help you protect your life's
work with confidence.**

Speak with an expert: 800-465-6009
Mon–Fri 9AM - 8PM EST

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